



Whispers from The Past

Devotional & Prayer Book

**Fun, Witty Lessons for the
modern mom from moms in
the Bible**

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Whispers from The Past: The Beginning

Hey, fabulous mom!

Welcome to **'Whispers from the Past: Fun, Witty Lessons for the Modern Mom from Moms in the Bible.'**

Whether you're juggling work, family, personal goals, or all the above (because let's be honest, what mom isn't?), this devotional is your go-to guide. It's crafted just for you –the modern mom who wants to stay deeply rooted in faith, thrive in your God-given purpose, and flourish in your relationships and parenting.

You're about to embark on a journey through some seriously cool and empowering stories of moms from the Bible. Trust me, you're going to want to buckle up and get comfy because this ride is packed with laughter, wisdom, and a sprinkle of holy sass!

"Whispers from the Past" brings you the stories and wisdom of ten incredible women from the Bible, each embodying the character and strength you carry within you. These aren't just ancient tales; they're powerful lessons designed to speak directly to the challenges and triumphs you face today.

We'll journey through the lives of **Hagar**, the single mom who found hope in the wilderness; **Jael**, the stay-at-home mom who turned her home into a place of victory; **Jochebed**, the mother who fearlessly protected her child's destiny; **Esther**, the mom in governance who used her influence to save her people; and **Naomi**, the seasoned mom who guided the next generation.

You'll also meet **Tabitha**, the mompreneur who used her talents to bless her community; **Priscilla**, the ministry mom who served alongside her husband to build the early church; **Deborah**, the career mom who led with wisdom and courage; **Sarah**, the mom who journeyed in faith with her husband; and **Hannah**, the mom who waited on God and dedicated her child to His service.

Each day, we'll focus on different areas of your life—your spirituality, work, wellness, family, and relationships. You'll find Bible verses, devotionals, prayer confessions, and practical tips to help you grow in each circle.

These whispers from the past are here to remind you that you're not alone on this journey. Just like these remarkable women, you too can navigate the ups and downs of life with grace, faith, and a bit of wit.

So, take a deep breath, grab your favorite cup of tea or coffee, and let's dive in. The wisdom of the ages is here, waiting to empower you in every area of your life. Let's embrace these whispers from the past and turn them into a powerful force for your present and future.

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Now, let's talk about the 5 circles of a mom's life.

Think of these as the "high five" areas that keep you rockin' it every day: your Spirituality, Work and Walk of Purpose, Wellness, Family, and Friendships. It's like juggling, but with style and grace.

Why are these circles so important?

Because you, my friend, are a multi-tasking powerhouse who needs to feel fabulous, grounded, and empowered in every aspect of your life. Let's dive in and discover why balancing these circles is not just a good idea—it's essential for thriving like the amazing mom you are!

Why Focus on the 5 Circles?

- **Spirituality:** It's your spiritual fuel! Just like your car needs gas to go, your soul needs a spiritual fill-up. Daily doses of faith keep you connected and strong.
- **Work and Walk of Purpose:** Whether you're running a business, rocking a career, or leading a ministry, your work matters. It's your way of shining your light and fulfilling your calling.
- **Wellness:** Because you're not just a mom; you're a superhero! Taking care of yourself isn't a luxury—it's a necessity. A well-rested, healthy mom is a happy mom.
- **Family:** Your crew is your pride and joy. Investing in your marriage and parenting ensures that your family thrives together, laughing, loving, and growing.
- **Friendships and Relationships:** You need your squad. Those friends who make you laugh until you cry and offer a shoulder when things get tough? They're a must-have in your circle.

What Can You Expect?

Every day, we'll dive into a new Bible story featuring a mom who's got something to teach us. From Jael's at-home heroics to Hagar's supermom strength, these stories are more than just ancient history—they're packed with practical wisdom for today. You'll get bite-sized insights, fun tips, and uplifting prayers to help you navigate your own circles of life.

Prayer:

Dear God,

As I start this adventure through **'Whispers from the Past'**, I ask for your guidance. Help me see the lessons from these amazing moms and apply them to my life. Equip me to shine in my Spirituality, work, wellness, family, and friendships. Let these stories inspire me to balance my circles and embrace my role with joy and grace. In Jesus' name, Amen.

Confessions:

- I embrace my role in all five circles with joy and purpose.
- I am empowered to balance my spirituality, work, wellness, family, and friendships.
- God's wisdom from these ancient moms guides me in my modern life.

You're about to discover that the wisdom from these Biblical moms is not just ancient but incredibly relevant. Get ready to be inspired, uplifted, and maybe even a little bit entertained as you apply these timeless lessons to your fabulous, modern mom life!

Love, Oluseye



Whispers from The Past

Whispers from Hagar

**Finding Strength and Encouragement in God's Seeing Eye,
Even in the Wilderness of Motherhood**

Scripture References:

- Genesis 16:1-16
- Genesis 21:8-21

Devotional Reflection:

Hey there, Supermom!

Today, we're starting our adventure with Hagar—yes, the OG single mom who had quite the wild ride! Imagine this: Hagar found herself in a pretty tough spot, not exactly a dream scenario for parenting. She's a single mom in the wilderness, and honestly, it's no glamping experience.

But here's where it gets awesome. Hagar's story is all about how God sees us in our struggles and provides exactly what we need, even when it feels like our situation is totally hopeless. Picture Hagar feeling like she's hit rock bottom, only to have an angel pop in and say, "Hey, I see you!"

Even though Hagar was facing challenges, she discovered that God was right there with her, providing a well of water just when she needed it most. It's a divine reminder that no matter how tough things get, God sees you, loves you, and has a plan to take care of you and your little one.

Mom Circle Tips for You:

- **You're Not Invisible:** Just because it feels like you're doing it all alone doesn't mean you are. God sees every bit of your hard work and love.
- **Find Your Well:** Look for those little moments of encouragement and refreshment. It could be a compliment from a friend, a peaceful moment of quiet, or just a small victory in your day.
- **Rock Your Journey:** Embrace your unique story and remember that your role is crucial. Your journey might not look like anyone else's, but that's what makes it special and meaningful.

Prayer:

Dear God,

Thanks for seeing me in the middle of all the chaos. Sometimes it feels like I'm on my own, but today I'm reminded that You're right here with me. Help me to find my own "well" of refreshment and keep me going with Your strength and love. I trust that You have a plan for my family and me, and I'm grateful for Your guidance and support.

In Jesus' name, Amen.

Whispers from Jochebed

Nurturing Divine Destiny: Lessons from the Mom Who Raised a Leader

Scripture References:

- Exodus 2:1-10
- Hebrews 11:23

Devotional Reflection:

Hey there, Supermom!

Ready for another day of inspiration? Today, we're diving into the story of Jochebed—Moses' mom and one of the ultimate "mompreneurs" of the ancient world. Jochebed's story is like the original DIY parenting guide, showing us how to craft a future leader from scratch!

Imagine Jochebed's world: Pharaoh is throwing down some major pressure with his "no more baby boys" decree. What does she do? She gets creative. She turns a basket into a floating crib and places it among the reeds. Talk about thinking outside the box!

Jochebed's faith wasn't just in her clever basket-making skills but in God's ability to turn a seemingly impossible situation into a miraculous one. She trusted that her son was destined for greatness, and her actions reflected that belief. It's a powerful reminder that even when the odds are stacked against us, our faith and ingenuity can pave the way for incredible outcomes.

Mom Circle Tips for You:

- **Embrace Your Creativity:** Just like Jochebed, you have the power to think creatively in tough situations. Use your unique skills and ideas to make the best out of challenging circumstances.
- **Trust the Process:** Your efforts, big or small, are significant. Keep believing that your actions are shaping a bright future for your family, even when the results aren't immediately visible.
- **Prepare with Purpose:** Equip your children with the values and skills they need to succeed. Your intentional nurturing can help them rise to their full potential.

Prayer:

Dear God,

Thank You for Jochebed's example of faith and resourcefulness.

Help me to embrace creativity and trust in Your plan, even when things seem uncertain. Guide me as I nurture and prepare my children for their future, knowing that my efforts are part of Your greater plan. In Jesus' name, Amen.

Whispers from Jael

Turning the Tables: How a Homebody Became a Heroine

Scripture References:

Judges 4:17-22

Devotional Reflection:

Hello, Supermom!

Today, we're stepping into the tent of Jael—the ultimate homebody who became a hero without ever stepping out of her comfort zone. Jael's story is like a plot twist from your favorite action movie, but with a domestic twist!

Picture this: Jael is in her cozy tent, probably planning a simple day of home chores when the enemy commander, Sisera, comes knocking. Instead of letting fear take over, Jael uses what she has right there in her tent to secure a victory for her people. Talk about a DIY superhero!

Jael's courage shows us that even in our daily routines, we have the power to make a big difference. You don't need a grand stage or a heroic backstory to be a hero. Your bravery and resourcefulness in the everyday moments of motherhood are what truly matter.

Mom Circle Tips for You:

- **Harness Your Strengths:** Use the skills and resources you have right at home to tackle challenges. Your unique abilities are your superpowers.
- **Embrace Your Role:** Whether you're handling household tasks or juggling schedules, remember that your contributions are valuable and impactful.
- **Be Bold in Your Everyday:** Don't underestimate the power of your actions. Even small, seemingly simple acts of courage can lead to great victories for your family.

Prayer:

Dear God,

Thank You for Jael's example of bravery and resourcefulness.

Help me to embrace my role with confidence and to use the strengths and resources I have to make a difference in my family's life. Give me the courage to face challenges with faith and to turn ordinary moments into extraordinary opportunities.

In Jesus' name, Amen.

Whispers from Esther

Queen for a Day: Navigating Leadership and Purpose with Grace

Scripture References:

- Esther 4:12-16
- Esther 5:1-3

Devotional Reflection:

Hey, Fabulous Mom! Ready to channel your inner queen?

Today's spotlight is on Esther—our girl who went from a regular gal to a royal leader in a big, dramatic way! Esther's story is like a masterclass in navigating leadership and purpose with grace and bravery.

Imagine Esther's life: she's just a young woman who ends up being crowned queen. Sounds like a fairy tale, right? But her true moment of heroism came when she had to step up, risk everything, and use her position to save her people. Esther didn't just wear the crown; she used her influence to make a real difference.

Esther's story reminds us that even in the midst of our busy, sometimes chaotic lives, we all have a role to play. Whether you're leading at work, in your home, or in your community, you have the power to use your position and influence for good.

Mom Circle Tips for You:

- **Harness Your Strengths:** Use the skills and resources you have right at home to tackle challenges. Your unique abilities are your superpowers.
- **Embrace Your Role:** Whether you're handling household tasks or juggling schedules, remember that your contributions are valuable and impactful.
- **Be Bold in Your Everyday:** Don't underestimate the power of your actions. Even small, seemingly simple acts of courage can lead to great victories for your family.

Prayer:

Dear God,

Thank You for Esther's example of courage and leadership.

Help me to embrace my role with confidence and to use my position and influence for good. Give me the strength to speak up when needed and the wisdom to lead with both grace and compassion. Guide me in balancing my responsibilities with a heart full of purpose.

In Jesus' name, Amen.

Whispers from Naomi

Finding Hope in Loss: How an Older Woman's Wisdom and Resilience Shaped a New Beginning

Scripture References:

- Ruth 1:16-17
- Ruth 4:13-17

Devotional Reflection:

Hey, Fabulous Mom!

Today, let's dive into Naomi's world—our ultimate comeback queen! Naomi's life story is like a dramatic movie plot with all the feels, from heartbreak to a heartwarming twist. If you've ever felt like you're facing the end of your rope, Naomi's journey will remind you that even the toughest times can lead to amazing new beginnings.

Imagine Naomi dealing with more loss than a soap opera marathon—her husband and sons passing away. But did she curl up in despair? Nope! She packed her bags and headed back home, bringing along her loyal daughter-in-law, Ruth, who was like the best kind of sidekick. Naomi's wisdom didn't just help Ruth rebuild; it set the stage for a heartwarming new chapter in their lives.

Naomi's story is your reminder that even when life throws a curveball, there's always a chance for a fresh start.

Use the wisdom you've gathered from your own experiences to light the way for others who might be feeling lost.

Your resilience can turn any setback into a setup for something extraordinary.

So, grab your superhero cape (or just your favorite comfy blanket) and remember: even in your toughest moments, you've got the power to inspire, guide, and shine. Naomi did it, and so can you!

Mom Circle Tips for You:

- **Embrace Wisdom:** Use the life lessons you've learned to guide and support those around you. Your experiences have equipped you with valuable insights.
- **Seek Renewal:** Even after loss or hardship, be open to new beginnings and opportunities. Trust that God has a plan for renewal and restoration.
- **Support Others:** Like Naomi supported Ruth, offer support and encouragement to those in your life. Your wisdom and kindness can lead to transformative outcomes.

Prayer:

Dear God,

Thank You for Naomi's story of resilience and renewal. Help me to embrace the wisdom I've gained through my experiences and use it to guide and support others. Even in times of loss or hardship, open my heart to new beginnings and opportunities. May my life be a testament to Your ability to bring hope and restoration.

In Jesus' name, Amen.

Whispers from Tabitha

Balancing Business and Benevolence: Lessons from a Mom Who Made a Difference

Scripture References:

- Acts 9:36-39
- Proverbs 31:13-18

Devotional Reflection:

Today, we're tuning in to the whispers from Tabitha, also known as Dorcas—a mom who wasn't just busy; she was purposeful. In the bustling world of business, Tabitha found her calling in serving others through her craft. The Bible describes her as a disciple known for her good works and acts of charity, particularly her talent in making garments for the needy.

Tabitha wasn't just a businesswoman; she was a mom who understood the power of using her skills to bless others. Her legacy wasn't built on profits but on the lives she touched with her generosity. The women of her community wept at her passing, holding up the robes and clothing she had made for them as tangible reminders of her love and kindness.

As a modern mom in business, Tabitha's story reminds you that your work can be more than just a means to an end. It can be a ministry. Whether you're crafting, creating, or running a business, the impact of your work can reach far beyond the bottom line. It can be about crafting a legacy of generosity, service, and love.

In the business of blessing others, Tabitha's life shows the principles of the Proverbs 31 woman—diligent, skillful, and always thinking about how to provide for her household while reaching out to those in need.

Mom Circle Tips for You:

- **Purpose Over Profit:** Like Tabitha, let the heart of your business be about more than just financial gain. Focus on how your work can serve others and make a difference in their lives.
- **Craft with Love:** Whatever your skill or business, put your heart into it. The quality and care you put into your work will resonate with those you serve, just as Tabitha's garments did.
- **Leave a Legacy:** Think beyond the immediate success of your business. How can what you do today create a lasting impact on your family, your community, and the world? Your work is a tool for blessing others and leaving a legacy of love.

Prayer:

Dear God,
Thank You for the example of Tabitha, who used her business to serve others and leave a lasting legacy. Help me to see my work as a way to bless those around me. Guide my hands and heart in all I do, so that my business may be a reflection of Your love and generosity. Teach me to value purpose over profit and to craft a legacy that honors You. In Jesus' name, Amen.

Whispers from Priscilla

Hospitality & Ministry: Balancing Home and God's Work

Scripture References:

- Acts 18:2-3, 18, 24-26
- Romans 16:3-5; 1 Corinthians 16:19

Devotional Reflection:

Today's whispers come from Priscilla, the ultimate multitasking mom who juggled ministry with home life like a pro!

Alongside her husband, Aquila, Priscilla didn't just cheer from the sidelines—she was a key player in spreading the gospel and hosting gatherings that turned their home into a lively ministry hub.

Even though Priscilla and Aquila were tentmakers, they didn't let their trade steal the spotlight. Their home was buzzing with activity—part workshop, part worship space, and all heart. They even took the time to teach Apollos, a preacher who needed a bit of fine-tuning.

Priscilla's life is a masterclass in balancing family and faith. She proves that you can rock your ministry and nurture your home without missing a beat. So, take a page from her book and remember: your calling and family can thrive together, making every day a blend of purpose and love.

Mom Circle Tips for You:

- **Open Your Home:** Like Priscilla, let your home be a place where God's work can flourish. Whether it's hosting a Bible study, inviting someone in need, or simply creating a space where your family can grow in faith, your home can be a powerful ministry tool.
- **Partner in Ministry:** Ministry isn't a solo act. Whether you're serving alongside your spouse, your children, or other believers, remember that partnership strengthens the work of God. Like Priscilla, be willing to share the load and invest in others.
- **Balance is Key:** Priscilla's life reminds us that balance is possible. Your role as a mom and your calling in ministry can complement each other when you allow God to be the center of both.

Prayer:

Dear God,

Thank You for the example of Priscilla, who showed us that ministry and home life can beautifully intertwine. Help me to find that balance in my own life, to serve my family and Your kingdom with equal passion. May my home be a place where Your love is felt, and may my ministry bring others closer to You.

In Jesus' name, Amen.

Whispers from Deborah

Leadership & Courage: A Mom Leading the Way

Scripture References:

- Judges 4:4-9
- Judges 5:1-7

Devotional Reflection:

Today's whispers come from Deborah, a mom who wore many hats—judge, prophetess, leader, and, undoubtedly, mother. In a time when women's roles were often confined to the home, Deborah shattered expectations by stepping into the public sphere as Israel's judge. She was a wise and courageous leader, unafraid to follow God's call even when it led her into the heart of battle.

Deborah's story is one of remarkable balance and boldness. While leading a nation, she still found time to be a mother to Israel. Her dual roles remind us that motherhood doesn't limit us—it equips us with unique strengths that we can bring to our careers and leadership roles. Deborah wasn't just a leader; she was a nurturer, providing wisdom and guidance with the care of a mother's heart.

Her courage and wisdom are a spotlight for modern moms, especially those of us balancing careers or leadership positions with the demands of family life. Deborah's life tells us that it's possible to be both a fierce leader and a loving mother, to lead with strength and nurture with care.

Mom Circle Tips for You:

- **Lead with Compassion:** Like Deborah, let your leadership be infused with the wisdom and compassion that comes naturally to you as a mom. Your ability to nurture can be a powerful tool in guiding and inspiring others.
- **Stand Firm in Your Calling:** Deborah didn't shy away from her calling, even when it took her to unexpected places. Trust that God has equipped you for your role, whether in the workplace, in leadership, or at home.
- **Balance Boldness and Care:** Deborah's life was a blend of strength and tenderness. As you navigate your career or leadership role, remember that you don't have to sacrifice one for the other. Be bold in your decisions, but always with a heart of compassion.

Prayer:

Dear God,

Thank You for the example of Deborah, a woman who led with courage and nurtured with care. Help me to lead in my own life with the same strength and wisdom. Guide me as I balance my roles, and give me the confidence to step boldly into the calling You have placed on my life.

In Jesus' name, Amen.

Whispers from Sarah

Faith in the Journey: A Mom Moving with Purpose

Scripture References:

- Genesis 12:1-5
- Hebrews 11:11-12

Devotional Reflection:

Today, we're tuning into whispers from Sarah, the ultimate "mom on the move." Sarah's life was a series of relocations and new beginnings, following her husband, Abraham, wherever God led them. From Ur to Canaan, she packed up her home, left behind her comfort zone, and set out on journeys filled with uncertainty.

Sarah's story is a testament to faith in the midst of transition. Moving can be stressful, whether it's across the country, to a new neighborhood, or simply adjusting to a new phase of life. But like Sarah, you can embrace these changes with faith, knowing that God's promises travel with you, no matter where you go.

Even as she moved from place to place, Sarah kept her eyes on God's promise to her and Abraham—that they would be the parents of a great nation. Despite years of waiting and moments of doubt, Sarah held onto the hope that God would fulfill His word. Her faith wasn't perfect, but it was persistent, and in the end, she saw the promise fulfilled in the birth of Isaac.

Mom Circle Tips for You:

- **Embrace the Journey:** Like Sarah, each move or transition is a step in your journey with God. Embrace it with faith, knowing that God's promises are with you.
- **Create a Haven:** Wherever you go, make your home a sanctuary of peace and faith, just as Sarah did, trusting in God's plan for your family.
- **Hold Onto God's Promises:** Even when the road seems long or uncertain, remember Sarah's story. God is faithful, and His promises will come to pass in His perfect timing.

Prayer:

Dear God,

Thank You for the example of Sarah, who moved with faith and trusted in Your promises even during uncertain times. As I navigate changes and transitions, help me to embrace each step with confidence in Your plan. May my home be a place of peace and faith, wherever it may be.

In Jesus' name, Amen.

Whispers from Hannah

Patience & Perseverance: A Mom Waiting on God

Scripture References:

- 1 Samuel 1:9-20
- 1 Samuel 2:1-10

Devotional Reflection:

Today, we're listening to whispers from Hannah, a mom who knew the heartache of waiting. Hannah's story is one of deep longing and unyielding faith. Year after year, she prayed for a child, pouring out her heart before God, even when the waiting seemed endless.

Hannah's story is relatable for anyone who has ever waited on God for something—a child, a dream, a breakthrough. Her persistence in prayer, even when the answer seemed delayed, teaches us the power of patience and perseverance. Hannah didn't give up, and neither should you.

In the end, God answered Hannah's prayers with the birth of Samuel, a child who would go on to play a pivotal role in Israel's history. Hannah's joy in receiving her long-awaited blessing was so great that she dedicated Samuel back to God, recognizing that the gift she had received was to be used for God's glory.

Mom Circle Tips for You:

- **Persist in Prayer:** Like Hannah, don't give up on praying for your heart's desires. God hears you, and His timing is perfect.
- **Trust in God's Plan:** Even when the waiting is hard, trust that God's plan for you is good. He knows your heart and is working in ways you may not yet see.
- **Dedicate Your Blessings to God:** When God answers your prayers, remember Hannah's example of gratitude and dedication. Use your blessings to glorify Him.

Prayer:

Dear God,

Thank You for the example of Hannah, whose patience and perseverance in prayer remind us to trust in Your perfect timing. As I wait on You, give me the strength to persist in faith and the peace to trust in Your plan. May I dedicate all my blessings to Your glory.

In Jesus' name, Amen.

Whispers from The Past: The Conclusion

Wow, mom! Look at you, completing this journey through the lives of ten incredible women from the Bible. You've just soaked up some serious wisdom, strength, and a whole lot of faith—like a spiritual spa day for your soul!

As you step back into the wild ride that is everyday life—whether that means school runs, work meetings, late-night laundry, or everything in between—remember this:

You've got an army of biblical mom-mentors cheering you on. Hagar, Jael, Jochebed, Esther, Naomi, Tabitha, Priscilla, Deborah, Sarah, and Hannah—they're all in your corner, whispering, "You've got this!"

These women weren't superheroes or saints who had it all figured out. They were moms, just like you, navigating the highs and lows, the triumphs and the tears. They faced doubts, fears, and challenges, but they also leaned into their faith and their God-given strengths. And now, so can you.

So, keep these stories close. Let them remind you that no matter what season of life you're in, there's a divine purpose in your journey.

When the going gets tough, remember Jael's courage, Esther's wisdom, and Hannah's perseverance.

When you're in a season of waiting, let Sarah's faith inspire you.

And when you're on the move, literally or figuratively, let Naomi and Hagar's stories guide your steps.

Your journey as a mom is unique, and it's important. You're shaping the future, one day at a time, with every prayer, every lesson, and every loving act. And just like these women of the Bible, you're leaving a legacy that will echo through generations.

So, go ahead—embrace your calling, live boldly, and don't forget to laugh along the way. After all, you're not just a mom; you're a force of nature, divinely equipped to conquer whatever comes your way.

Here's to the whispers from the past that fuel your present and illuminate your future. Keep shining, mom—you're doing an amazing job!



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GAME TO
THE NEXT
LEVEL?**





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